How to avoid the repeated motion detection alert?

Working in "Human detection" mode:

Right click mouse to enter menu "System Setup" > "Channel Setup" > "Video Detection" > sensitivity select "Lowest" option and check "Humanbody".

	General Setup	Record Setup	Network Setup	Channel Setup	System Admin
Encode Setup PTZ setup Channel OSD	Channel Detection Sensitivity Alarm Duration	1 Motion Lowest 5 seconds		▼ Enable ▼ PIR ▼ Humanbo	ody
Video Detection					
IPC Upgrade		Buzzer E-Mail Notic	e		
Bitrate		✓ APP Alarm Full Screen			
		IPC Siren			
	Сору То	Armi	ng Time	Area Edit	1
			A	pply Ol	< Cancel

In this mode, the alarm is triggered only when someone appears, but some complicated environments may cause false alarms, try to adjust the camera angle to avoid objects that cause false alarms.